

H1N1 News & Update

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November 5, 2009 – Update

Dear AISB Community,

As you are aware, one confirmed case of H1N1 was reported to us yesterday morning. The student is in the 7th grade and based on the recommendations and guidelines of the Romanian Health Authorities we sent all 7th graders home yesterday for 7 days. They will maintain their schooling through the use of Moodle, our online teaching tool which was created specifically for this type of emergency situation.

Several precautionary measures have already been put into place to disinfect all common areas of the school and Dr. Teodoru, our school doctor, continues to monitor the health of all students, faculty and staff. Your cooperation is appreciated. This notice outlines the steps you should take if you suspect someone in your family has the flu and possibly H1N1.

1. Be aware of any flu-like symptoms. The symptoms associated with H1N1 are:
 1. Dry cough
 2. Mild fever (under 38 degrees)
 3. Runny nose
 4. Sometimes sore, aching muscles and joints
2. If any of these symptoms are present see your doctor immediately for a consultation.
3. Your doctor will decide if you need to be tested for H1N1 and will make the arrangements for you. **Do not go to the hospital on your own except in an emergency.**
4. If you do not have a family doctor, you can call one of the local clinics and ask to see one of their doctors.
 1. Bio Medica Floreasca – 021-311-7793, Calea Floreasca 111-113. Hours: M-F 8:00 – 20:00 and Saturday 8:00 – 16:00
 2. Bio Medica Pipera – 021-267-4225, Pipera-Tunari 40. Hours: M-F 8:00 – 20:00 and Saturday 8:00 – 16:00
 3. Bio Medica Ambulance Number s – Pipera 0731-018-605. Floreasca 0721-338-383
 4. Euro Clinic Pipera – 021-269-0609, Strada Iancu Nicolae 124. Hours: M-F 8:00 – 20:00 and Saturday 9:00 – 14:00
5. If you do not have any flu symptoms you can not be tested. There is no test for H1N1 unless the symptoms are present.

6. If you are confirmed with H1N1 your doctor will prescribe the necessary treatment.

This may or may not be Tamiflu. The exact treatment depends on the test results and after consultation with your doctor.

Students who are or have been absent due to illness are required to have a doctor's note in order to return to school.

All students, faculty and staff who miss school due to illness, regardless of the type of illness, are required to bring a signed note from their doctor saying they are healthy. This note should be given to Dr. Teodoru in the doctor's office before going to class.

The Admin Team